



## DOLOMITI GREEN TRAIL REGULATION

**www.dolomitigreentrail.it**  
**Saturday 27th July 2019 - Piani di Pezzè, Alleghe (BL)**  
**Updated to 04 June 2019**

### Art. 1 - General information

The Adventure Outdoor Italia Asd association organizes the DOLOMITI GREEN TRAIL, competitive races in nature of:

- 15km 900D +, the DOLOMITI GREEN SHORT TRAIL \*
- 27km 1800D +, the DOLOMITI GREEN TRAIL \*

\* distances and differences in altitude may change depending on weather conditions and route safety.

The races will be held Saturday **27th July 2019** starting at **14.00** from Piani di Pezzè in Alleghe (BL), and arriving in the same place. It will be possible to choose two ring trail routes, one of 27 km and 1800 D + and the other of 15 km and 900 D +, which can also be done as a fun non-competitive walk in company of the athlete Grivel **Moreno Pesce**.

### Friday 26th July

- From 14.00 to 18.00 Pick-up of race bibs and race packs at the Adventure Outdoor Fest Info Point / Race Office at Piani di Pezzè - Alleghe (BL)

### Saturday 27th July

- h. 9: 30-13:30 Pick-up of race bibs and race packs at the Adventure Outdoor Fest Info Point / Race Office at Piani di Pezzè - Alleghe (BL)
- h. 13:00: Yogax Runners
- h. 13.30: Pre-Race Briefing
- h. 14:00: Departure of the races and the non-competitive walk
- h. 18:00-19:00: Aperiparty and awards ceremony

### Art. 2 - Participation

Athletes who have reached 18 years of age on the date of the competition can participate to the race. In particular:

- Athletes registered with associations affiliated to FIDAL, CSEN, UISP or other sports body and in possession of a Medical Sport Clearance clearly stating athletics / running / trail running, in compliance with the Federal 2019 membership.
- Athletes resident in Italy who are not members of any associations and hold a Medical Sport Clearance valid for athletics / running / trail running on 27/07/2019.
- those who are not in possession of any membership will have to register with our Adventure Outdoor Italia ASD Association (CSEN affiliation), at an extra cost of € 10. The membership guarantees insurance coverage.

The form to fill in and the membership card can be collected at the Info Point present in Piani di Pezzè, during the days of the event

### Art.3 - Registration

Registrations can be done on the website [www.dolomitigreentrail.it](http://www.dolomitigreentrail.it) where all the information regarding payment methods and documents required are available.

Registrations will **end by midnight on 24th July 2019**

You can choose one of these races:

- a) DOLOMITI GREEN WALK - 15km 900D +
- b) DOLOMITIGREENSHORTTRAIL-15km 900D +
- c) DOLOMITI GREEN TRAIL - 27km 1800D +

#### **REGISTRATION - BANK TRANSFER**

Please download the registration form from our website [www.dolomitigreentrail.it](http://www.dolomitigreentrail.it) and send it to [booking@adventureoutdoorfest.com](mailto:booking@adventureoutdoorfest.com) together with

- Medical Sports Clearance stating any of these sports -> "Athletics" and / or "Running" and / or "Trail-Running"
- filled in and signed Release Form
- receipt of the paid registration fee

#### **Until 14th July 2019 \*\***

- a) € 12 \_\_\_ DOLOMITI GREEN WALK
- b) € 18 \_\_\_ DOLOMITI GREEN SHORT TRAIL
- c) € 23 \_\_\_ DOLOMITI GREEN TRAIL

#### **From 15th July 2019 \*\***

- a) € 15 \_\_\_ DOLOMITI GREEN WALK
- b) € 23 \_\_\_ DOLOMITI GREEN SHORT TRAIL
- c) € 28 \_\_\_ DOLOMITI GREEN TRAIL

\*\* those who are not in possession of any membership card, must register with our Adventure Outdoor Italia association, at an extra cost of € 10. The membership guarantees insurance coverage. The form to fill in and the membership card can be collected at the Info Point in Piani di Pezzè, during the days of the event.

#### **The registration fee includes:**

- race bib
- timing chip
- assistance and refreshments along the track
- race pack (guaranteed for the first 300 participants)
- buffet at the end of the race
- gadgets for subscribers

Follow all the instructions indicated on the website -> [www.dolomitigreentrail.it](http://www.dolomitigreentrail.it)

#### **ONLINE REGISTRATION - CREDIT CARD / PAY PAL**

Credit Card or Pay Pal from the website [www.dolomitigreentrail.it](http://www.dolomitigreentrail.it)

It will be possible to register, as an expetion and accordingly to the availability of the race bibs, on the same day of the race by paying the registration fee and presenting all the necessary documentation, directly before collecting the bib numbers.

#### **IMPORTANT**

**WHEN COLLECTIN THE RACE BIB YOU MUST SHOW THE FIDAL, CSEN, UISP OR OTHER MEMBERSHIP CARDS VALID FOR 2019 AND A COPY OF THE MEDICAL SPORT CLEARANCE TO BE HANDED IN TO THE RACE OFFICE.**

#### **Art. 4 - Departure**

The competitors will have to present themselves at the starting line on 27th July 2019 by 13.30, the race will start at 14.00 after having signed in all the participants. The organizers are not responsible for any personal items left unattended.

#### **Art.5 - Awards**

Prizes will be awarded to:

- the first 3 for the individual classification 27km and 15km MEN, WOMEN
- the first 3 for the individual classification MEN, WOMEN Over 50 of the 27km and 15km

#### **Art 6 – Itinerary**

The **Dolomiti Green Trail** develops over two spectacular ring trails, one 27 km long and 1800 D + and the other 15 km long and 900 D +. It can also be experienced as a fun non-competitive walk in company of the athlete Grivel Moreno Pesce.

Runners will be able to experience an exciting adventure among fir and larch woods, along tunnels carved into the rock that open up to reveal green wide valleys. You will face short and fun scree and will be fascinated by the majestic Dolomite mountains including the Pelmo, the Civetta, the Antelao and the Croda da Lago with in the background the Marmolada glacier and the Sella group.

Please pay particular attention to the paths which, due to their particular conformity in some parts, are rather challenging due to the presence of smooth stones and outcropping roots. Competitors must strictly comply with the competition route, marked with signs, tape and flags. Distancing and leaving the official route, in addition to disqualifying from the competition, will be at exclusive risk and danger of the competitor. Athletes are required to wear trail shoes or hiking boots.

#### **Art.7 - Security and Control**

On the track there will be personnel in charge of security operations in contact with the organizers of the race. Medical assistance is provided with the presence of an ambulance with medical staff on board, while on the track there will be first aid personnel. There will be checkpoints where it is mandatory to pass, on pain of disqualification.

#### **Art. 8 – Maximum Duration\***

The maximum time to reach the finishing line is 6h (6 hours); calculated with departure at 14.00 the maximum time of arrival is at 20.00 on 27th July 2019. A "broom service" is provided and will follow the track to support and assist the last competitors.

For the 27km trail there will be a gate at 2h (two hours) at 9km from the start (Passo Staulanza). The competitors who will pass after this time limit will be stopped and will be shown the way back and will be considered out of the ranking and out of the competition.

\* The organization, for security reasons and for the best outcome of the event, will be allowed to modify the current scheduled time gate, insert new gates and modify the maximum time allowed to reach the finishing line.

#### **Art.9 - Refreshments and Post-Race**

In consideration of the length of the race and its difficulties, many refreshment points will be present along the track. Athletes are obliged not to drop any litter along the track and to use the special disposal bins located in the refreshment points. At the end of the race there will be a buffet for all the athletes.

#### **Art.10 - Complaints**

Any complaints may be submitted to the race organizers within 30 minutes from the publication and presentation of the results. In line with the spirit of the race, it is hoped that all athletes will be fair.

#### **Art. 11 - Statement of Responsibility**

Participation implies the acceptance of this regulation in all its parts and without reservations, by the registered competitor. By registering, each competitor agrees to comply with this regulation and releases the organizers from any civil and criminal liability for any accident due to damage to persons or things delivered to him or caused by him, which may occur during the event. The registered athlete declares to have carefully read and evaluated the content of this document and to have clearly understood the meaning of each single point at the time of the registration.

The athlete agrees to the processing of personal data according to law n. 196/2003, and authorizes the organization to the free use, without territorial and time limits, of still images and videos taken during the participation to the DOLOMITI GREEN TRAIL Competition.

The athlete also authorizes the organizing company to store, use and communicate the data to the other bodies / companies involved in the event. He authorizes the organization to the use of photos and videos, deriving from his participation to the event, for any legitimate purpose, including advertising, without remuneration. The present statement is valid for the purposes of the EU Regulation no. 2016/679 and the privacy national legislation, concerning the protection of individuals with regard to the processing of personal data and the free circulation of such data.

#### **Art.12 - Services**

The services available to the athletes will be: refreshments, baths, showers and bag storage

#### **Art.13 - Miscellaneous**

The organizing company reserves the right to modify or replace at any time the articles of this regulation.

#### **Art.14 - Cancellation - Race**

In case of impossibility to participate, the cancellation must be communicated as soon as possible to [info@adventureoutdoorfest.com](mailto:info@adventureoutdoorfest.com) . Refunds are available based on the following rules, which may change over the next few months:

- Cancellation by 20th July 2019 50% refund
  - Cancellation from 21st July 2019 0% refund
- The refund will be made within the year 2019

**It is not allowed:**

- exchange or transfer of the race bib.
- postponement of the registration fee to the following year.
- the transition from one race to another.

In case of cancellation of the race due to unforeseen and force majeure, up to 10 days before the event the organization reserves the right to refund a percentage equal to 50% of the registration fee paid. This percentage is justified by the multiple expenses that the organization has already made and that cannot be recovered. In case of interruption or cancellation of the race due to weather conditions, or for any other reason independent from the Organization, no refund will be due to the participants.

**Art.15 - Mandatory Equipment**

It must be taken along the entire trail - Dolomiti Green Trail - 27km

**COMPULSORY FOR THE 27km DISTANCE**

- Trail Running Shoes
- Water reserve 500ml (water bottle, backpack, camelbak, etc.)
- Whistle
- Mobile phone charged and in energy saving with emergency number provided by the organization.
- Windproof / rainproof jacket
- Thermal blanket
- Bandana or hat

**STRONGLY RECOMMENDED FOR THE 27km DISTANCE**

- Food reserve (energy bar, gel, etc.).
- Money for emergencies
- Long-sleeved shirt
- Gloves
- Front Lamp

It must be taken along the entire trail - Dolomiti Green Trail - 15km

**OBLIGATORIO PER DISTANZA 15km**

- Trail Running Shoes
- Water reserve 500ml (water bottle, backpack, camelbak, etc.)
- Mobile phone charged and in energy saving with emergency number provided by the organization.
- Windproof / rainproof jacket
- Thermal blanket

**STRONGLY RECOMMENDED FOR THE 15km DISTANCE**

- Food reserve (energy bar, gel, etc.).
- Long-sleeved shirt
- hat or bandana
- Money for emergencies

It must be taken along the entire track - Ludico-Motoria Walk 15km

**COMPULSORY FOR THE 15km WALK**

- Trekking, Trail Running or Running shoes
- Water reserve 500ml (water bottle, backpack, camelbak, etc.)
- Mobile phone charged and in energy saving with emergency number provided by the organization.

**STRONGLY RECOMMENDED FOR THE 15km WALK:**

- Trail Running Shoes
- Money for emergencies

**\*\* PLEASE NOTE:** the organization reserves the right to cancel the registration on the basis of the athlete equipment provided; the organization reserves the right to exclude or add mandatory equipment according to weather forecast conditions.

**Art.16 - Disqualifications and Penalties**

The immediate disqualification is foreseen, with withdrawal of the bib number, for the following infractions:

- failure to pass to a check point
  - departure from a checkpoint after the time limit
  - cutting the race route
  - use of personal assistance outside the permitted points
  - failure to comply with the ban on being accompanied along the route
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- drop waste on the track
- failure to help a competitor in difficulty
- insults or threats to organizers or volunteers
- use of means of transport in the race
- refusal to submit to the supervision of health personnel on the race
- refusal to submit to the inspection of mandatory equipment, (art.15)
- for the lack of even a single point of the mandatory equipment, (art.15)
- race bib exchange
- being without the mandatory equipment during an inspection

#### **Art.17 - Timing**

An electronic timing with chip is provided. Competitors will be considered valid if they have arrived to the finishing line regularly respecting the race distances without penalty and disqualification.

#### **Art.18 - Image Rights**

By registering, the competitors authorize the organization to use, without territorial limits or time limits, still images and videos of them taken during the participation to the event.

#### **Art. 19 Statement of Responsibility**

The voluntary registration and the consequent participation to the event indicate the full acceptance of this regulation and any changes eventually made. By registering, the participant releases the organizers from any liability, both civil and criminal, for damage to persons and / or things caused by him or to him.

#### **Art.20 - C.S.E.N.**

For anything not covered by this regulation, reference is made to the C.S.E.N. regulations

#### **Art 21 - Modalities**

The Dolomiti Green Trail will take place following the indications given by the organization. Once confirmed the number of participants, the athletes will be supported along the track by staff members coordinated by the organization to indicate the track and guarantee that all the safety regulations are met.

#### **Art.22 - Weather**

The organization reserves the right to make changes to the track even at the last minute in order to clear potential dangers or discomfort conditions for the participants. Any changes will be communicated to the participants and indicated by staff members. The organization also reserves the right to suspend or cancel the race in the event of bad weather conditions putting at risk the safety of the participants and / or rescuers.

Registration fees will not be refunded in the event of cancellation or suspension on the day of the race.

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